



Copyrighted Material
"This is a whole new ball game. Highly recommended."
—DR. STEWART D. FRIEDMAN, Work/Family Advisor to Jack Welch
and Former Vice President Al Gore

The 4-Hour Workweek



THE #1 NEW
YORK TIMES
BESTSELLER AND
INTERNATIONAL
PHENOMENON

ESCAPE 9-5, LIVE ANYWHERE,
AND JOIN THE NEW RICH

EXPANDED AND UPDATED

TIMOTHY FERRISS

Copyrighted Material

God makes man and woman in
his image to rule the earth and
enjoy his rest

Genesis 1:24-2:3

1. Work reflects our identity

We are made in the image of God

(v26,27)

2. Work is part of God's blessing

'Subdue and rule'

(v26,28)

3. Work in light of God's rest

We were created to enjoy God's
rest

(2:2-3)

‘Work’

Creative, useful, activity that
promotes civilisation



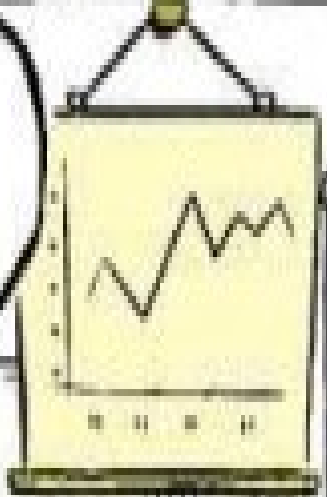
1. Work reflects our identity

...an identity we reject

2. Work is part of God's blessing

But we're too sinful, lazy and selfish to 'subdue and rule'

OUR COMPUTERS ARE DOWN,
SO WE HAVE TO DO
EVERYTHING MANUALLY...



3. Work in light of God's rest

...but we are deeply rest-less

1. Work reflects our identity

Jesus is the **exact** image of God

2. Work is part of God's blessing

Jesus subdued and ruled death in
his work

3. Work in light of God's rest

Jesus offers us rest

1. Work reflects our identity

A new identity in Jesus (not work)

2. Work is part of God's blessing

Empowered to 'subdue and rule'

3. Work in light of God's rest

An advert for Jesus' Kingdom

